

# Toronto Catholic District School Board, Psychology Department:

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The Toronto Catholic District School Board is inviting parents, educators, students and staff to attend a free symposium for those who have a loved one dealing with mental health issues, titled:

## ***YOU'RE NOT ALONE... WHEN SOMEONE YOU LOVE STRUGGLES WITH MENTAL HEALTH PROBLEMS:***

### ***HOW TO GET SUPPORT FOR FAMILY MEMBERS***

Presentation by Christine Cooper, Family Association for Mental Health Everywhere (FAME) & Stuart Clarfield, The Mission Media Company Inc., followed by a panel: KENDRA FISHER & ASANTE HAUGHTON

**February 20, 2014, 5:00-6:30 p.m.**

80 Sheppard Avenue East, Toronto ON M2N 6E8

Registration: by calling 416 222-8282 x2626



The symposium will offer families support and valuable information. “With so much attention on the statistic of 1 in 5 Canadians experiencing mental health issues we respectfully ask, “Who helps the other 4 people in that group?” <http://fameforfamilies.com/>. A documentary and web-based resources (Family Guide) will also be introduced.

<http://www.familyguidetomentalhealth.com/>

